

a clinician guide to:

Using the Depression Medication Choice Decision Aid (DA) with Patients



1

Clinician and patient discuss the “What You Should Know” card.



2

Clinician asks, “What issues concerning a medication to treat depression symptoms would you like to discuss first?”
Patient selects first card.



3

Patient and clinician review this card.



4

Patient selects a second card and compares the two.



5

Medication options are discussed.



6

Medication choice is made— brochure given to patient to take home.

tips:

- Clinician decides how & when to use - and may elect not to use
- “Considerations” and “What You Should Know” cards are not given to patient as part of the comparison process
- Typically 3-4 cards are used

The DA provides evidence-based information about depression medication options and their characteristics to help patients take part in the clinical decision making process during the clinical visit. This video provides an example of how the DA may be used: <http://tinyurl.com/32bpmvy>