

The **SHARE** Approach: A Model for Shared Decision Making

The SHARE Approach is a five-step process for shared decision making that includes exploring and comparing the benefits, harms, and risks of each option through meaningful dialogue about what matters most to the patient.



Shared decision making occurs when a health care provider and a patient work together to make a health care decision that is best for the patient. The optimal decision takes into account evidence-based information about available options, the provider's knowledge and experience, and the patient's values and preferences.



✓
Benefits
of the
**SHARE
Approach**



Both health care professionals and patients benefit from using shared decision making.

Benefits to Health care Professionals:

- Improved quality of care delivered
- Increased patient satisfaction

Benefits to Patients:

- Improved patient experience of care
- Improved patient adherence to treatment recommendations

Using the SHARE Approach builds a trusting and lasting relationship between health care professionals and patients.


**SHARE
Approach
Resources**

The Agency for Healthcare Research and Quality (AHRQ) provides a collection of tools and training resources to support the implementation of shared decision making in practice. Refer to the [AHRQ Shared Decision Making Toolkit Website](#) to locate resources such as:



SHARE Approach Workshop Curriculum:

Collection of training guides, slides, videos, and other resources to support the training of health care professionals on shared decision making and SHARE Approach implementation



SHARE Approach Tools:

Collection of reference guides, posters, and other resources designed to support AHRQ's SHARE Approach implementation



SHARE Approach Webinars:

Accredited webinars that review topics related to the implementation of patient-centered outcomes research in shared decision making



SHARE Approach Success Stories:

AHRQ's SHARE Approach tools and resources are used by organizations nationwide to implement shared decision making in health care. These case studies highlight stories of successes and best practices by describing the use and impact of the AHRQ's SHARE Approach strategies and tools by health systems, clinicians, academicians, and other professionals.

These resources provide health care professionals with the training and tools they need to implement the SHARE Approach in their practice.

Go to: www.ahrq.gov/shareddecisionmaking

