

Convening + Uniting + Transforming

Monthly webinar January 25, 2021 2:00-3:00 p.m. ET

Primary Care Spending: The High Stakes, Low Investment STATEOF PRIMARY CARE SPENDING Findings from the PCC's New Evidence Report PCC primary care collaborative thePCC.org



## O1 PCC announcements and introductions

#### **O2** Presentation of report findings

Ann Kempski, adviser and lead author of report Primary Care Collaborative

#### **03** Reactions and discussion

Maureen Hensley-Quinn, Senior Program Director of Emerging Policy Issues National Academy for State Health Policy

Connie Hwang, MD, MPH, Chief Medical Officer & Director, Clinical Innovation Alliance of Community Health Plans

#### **04** Participant Q&A



Where to get PCC's 2020 **EVIDENCE** REPORT

thepcc.org/resource/evidence2020

## Primary Care Spending: High Stakes, Low Investment





### Today's speakers

#### PANELISTS

#### **MODERATOR**



ANN KEMPSKI, MILR

Adviser and lead author of report, Primary Care Collaborative

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# 2020 Evidence Report

Findings presented by

Ann Kempski, MS **January 25, 2021** 

## Primary Care Spending: High Stakes, Low Investment

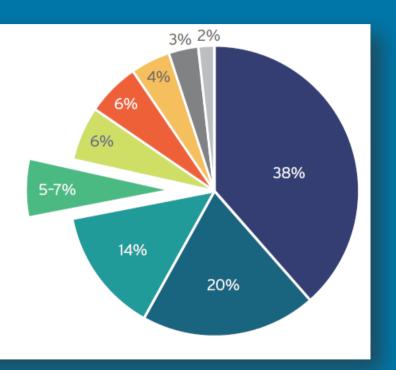




## Why it Matters

#### Health Care Spending

- Hospital care
- All other physician and professional services
- Prescription drugs and other medical nondurables
- Primary care
- Nursing home care
- Other health, residential, and personal care
- Dental services
- Home health care
- Medical durables



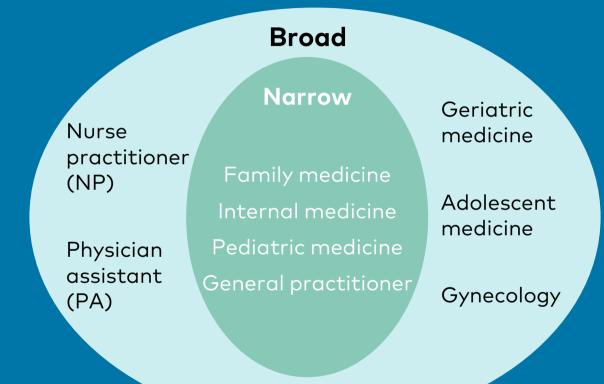


## ② 2020 Evidence Report: 4 Components

- Provide updated national and state estimates of primary care spending percentages
  - Commercial and Medicare Advantage claims data
  - 2017-2019 spending trends
- 2. Review recent literature on primary care spending and:
  - Utilization
  - Workforce
- 3. Consider factors, such rising deductibles, affecting demand
- 4. Update state actions, accomplishments in 2019-2020
- primary care collaborative

## 

- Services delivered in office, outpatient settings
- Evaluation and management visits
- Preventive visits
- Care transition, coordination services
- Screening, counseling





# FINDINGS: U.S. PC Investment Low and Declining



PC Spending <u>Declined</u> Among Commercially Insured 2017-2019

#### PCC finds decline similar to other recent analyses

Definition	2017	2019
Narrow	4.88%	4.67%
Broad	7.8%	7.69%

JAMA Internal Medicine 2020 All Payer Decline 2002-2016

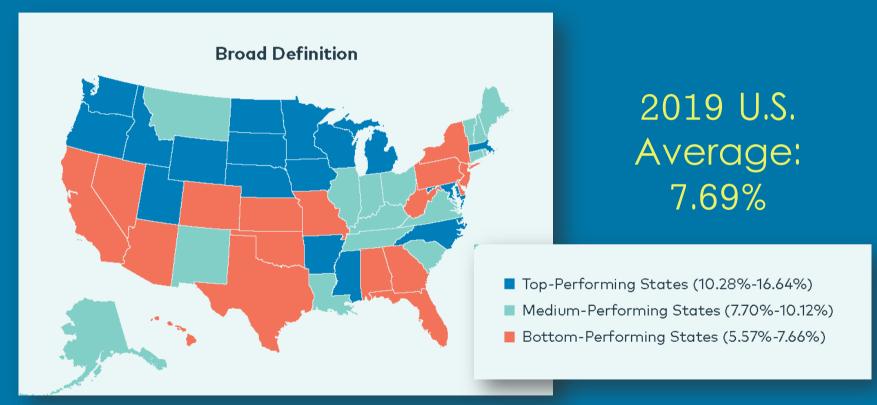
• 6.5% to 5.4% decline, narrow definition

JAMA 2019 Commercially Insured Decline 2013-2017

- 4.6% to 4.35% decline, narrow definition
- 8.97% to 8.04% decline, broad definition



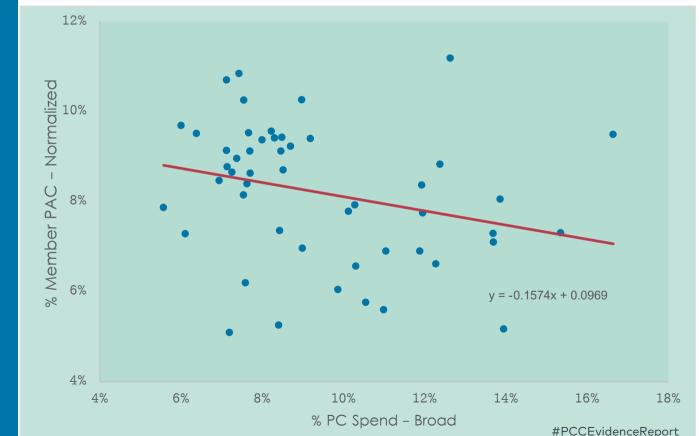
### Large Variation Across States





#### Using FAIR Health commercial, MA claims, similar association with outcomes found elsewhere

# Higher PC Spending Associated with Fewer Preventable Admissions





### Potential Drivers of PC Spending Decline

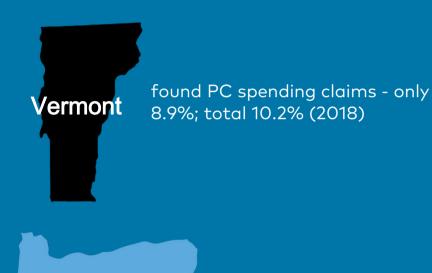
- Measurement error
  - Non-claims VB spending
  - Self-pay in retail, other settings
  - Employer-based clinics, Direct PC
- Rising deductibles and cost-sharing

 PC spending outpaced by spending increases in rest of system



# State-Level and Payer-Level Findings: Importance of Non-Claims Spending

- Highest-spending states spend
   3x as much as lowest-spending
- States with declines outnumber states with increases
- Absence of non-claims spend biases results downward (CA, RI, VT, CO, OR)
- Increasing spend consistent with PCMH efforts (MI, ID, NC)
- A few puzzling outliers in both directions (MS, PA)





found 13% total PC spending, with 47% non-claims; skewed by one plan at 91% (2018)



# Declines in PC Spending, Utilization Coincide with Sharp Rise in Deductibles

#### Cumulative Increases in Family Coverage Premiums, General Annual Deductibles, Inflation, and Workers' Earnings, 2010-2020



NOTE: Average general annual deductibles are for single coverage and are among all covered workers. Workers in plans without a general annual deductible for in-network services are assigned a value of zero.

SOURCE: KFF Employer Health Benefits Survey, 2018-2020; Kaiser/HRET Survey of Employer-Sponsored Health Benefits, 2010-2017. Bureau of Labor Statistics, Consumer Price Index, U.S. City Average of Annual Inflation, 2010-2020; Bureau of Labor Statistics, Seasonally Adjusted Data from the Current Employment Statistics Survey, 2010-2020.



# In Short, Lack of Progress Found Orienting U.S. Toward Primary Care



Spending Percentage Fell



Utilization Indicators Flat to Negative



Workforce Indicators Mixed

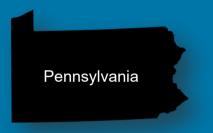


#### Recent State Progress in Measuring, Setting Target for PC Investment

First-time PC Spending Reports 2019-2020



Targeting PC Spending in Cost Benchmarking 2020





#### (2)

#### References

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# Panel Discussion





# Q&A